



#### **LITHUANIAN CUP 2022**

#### **ORIENTEERING EVENT**

#### 22-23 October 2022

Bulletin No. 2 (2022 10 07)

Orienteering club "Sakas" together with Lithuanian Orienteering Federation invite all orienteering enthusiasts to the orienteering competition "Lithuanian Cup 2022" held in Vainagiai, Kelmė district.

#### **EVENT ORGANISERS**

Lithuanian Orienteering Federation

#### **EVENT COORDINATORS**

Orienteering club "Sakas"

Event Director: Donatas Mickus

Head judge: Daugirdas Stonys

Course setter: Marius Mažulis

MTBO course Setter: Ignas Ambrazas

Event Secretary: Vytautas Ralys

Event Adviser: Arūnas Saunorius

Cartographer: Egidijus Kukenys

Supervisors: Sandra Paužaitė, Ričardas Tėvelis, Remigijus Masilionis.



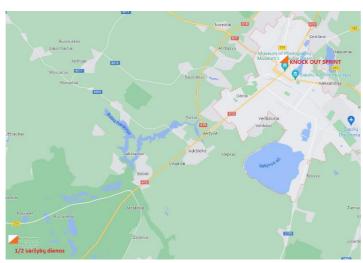


## **DATE AND VENUE**

Event date: 22-23.10.2022

Venue: Vainagių forest, Kelmės district. Directions to the event location can be found <a href="here.">here.</a>







#### **EVENT PROGRAM**

#### 21st October

18:00–21:00 Participant numbers can be collected at the store **S-Sportas**.

#### 22<sup>nd</sup> October

9:00–11:30 Arrival and registration at the event centre.

11:00 MTBO start.

12:00 Runners middle distance start.

17:00–18:00 Knock-out (super elite) sprint according to the personal invitations by organizers.

19:00-23:00 Social gathering (Tickets available soon).

#### 23rd October

10:00 MTBO start.

11:00 Runners prolonged middle distance start.

12:30 MTBO prize-giving ceremony.

14:30 Runners' award and event closing ceremony.

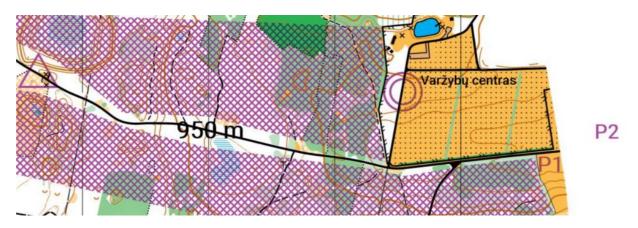




#### TERRAINS AND MAPS

**Day 1:** Medium density network of firebreaks and paths with average runnability. The location is made up of average size relief forms. Map scale 1:10000, H 2.5m. For groups under 14 and over 55 the map scale is 1:7500. V/M 10 group will have a marked course. 2 bio-toilets are available at the start area. The paper maps provided will be waterproof. The map was created in 2022.

Warm-up clothes left in the tent located at the start area will be returned to the competition centre. No drink points will be present on the map.

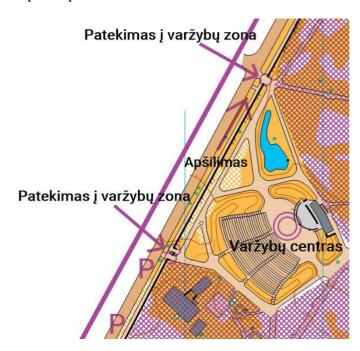


P1 – Car parking (2eur). P2 – Bus parking. The distance between the parking and the event centre is 450m.

**Knock-out** (**super elite**). Participants will be invited by the organisers. The list of participants will be announced on 2022-10-21.

Location: Šiauliai Central Park performances stage. (Žemaitės street 70B, Šiauliai, 76236)

12 men, 12 women. The scheme for the arrival at the event centre must be strictly followed by the race participants.







**Day 2:** Medium density network of paths, runnability at the location varies from average to very good. Relief forms vary from small to average sizes. Map scale 1:10000, H 2.5 m. For groups under 14 and over 55, the map scale is 1:7500. V/M 10 group will have a marked course. MTBO map size A3. Runners' A4. The paper maps provided will be waterproof. The map was created in 2022.

Warm-up clothes left in the tent located at the start area will be returned to the competition centre. No drink points will be present on the map,

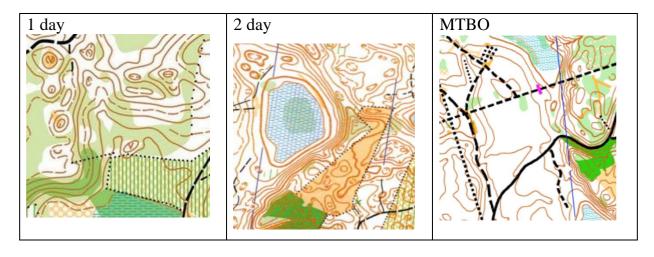
MTBO mass start times on the second day:

10:00 – DV; DV20; DV40; DV50; DV17

10:05 – DM; DM40; DM50;

10:10 -DM14; DV60; DM60; OPEND; DV14; DM17.









# **COMPETITION FORMAT**

Both middle and prolonged middle distance races are governed by the Lithuanian Orienteering Federation regulations. The competition is held for both runners and MTBO. Classes description:  $V-men,\,M-women,\,DV-MTBO\,men,\,DM-MTBO\,women.$ 





## **COURSES**

Class	1 day	2 day
DM, DV17	4.9 km 22 CP	9.3 km 24 CP
DM14	3.2 km 15 CP	4.9 km 14 CP
DM17, DM40, DV50	4.6 km 21 CP	8.1 km 25 CP
DM50, DV14, DV60	4.1 km 20 CP	6.9 km 20 CP
DM60, OPEND	3.5 km 19 CP	6.0 km 20 CP
DV, DV20	6.3 km 26 CP	11.4 km 30 CP
DV40	5.6 km 21 CP	10.0 km 26 CP
M, M20, V18	5.9 km 25 CP	5.5 km 24 CP
M10, V10, V85	1.4 km 6 CP	1.6 km 6 CP
M12, V12	2.1 km 10 CP	2.1 km 8 CP
M14	2.6 km 11 CP	2.3 km 11 CP
M16, V14	3.3 km 14 CP	2.9 km 13 CP
M18, M35, M40	4.3 km 18 CP	4.0 km 18 CP
M45, M50	4.0 km 17 CP	3.7 km 16 CP
M55, M60, V65	3.6 km 14 CP	3.3 km 14 CP
M65, V70	3.0 km 13 CP	2.7 km 12 CP
M70, V75, V80	2.2 km 10 CP	1.7 km 9 CP
OPEN1	4.7 km 19 CP	4.3 km 18 CP
OPEN2	2.6 km 10 CP	2.5 km 10 CP
V, V20	7.2 km 31 CP	6.9 km 30 CP
V16, V55, V60	4.8 km 20 CP	4.6 km 20 CP
V35, V40	6.0 km 26 CP	5.8 km 26 CP
V45, V50	5.2 km 22 CP	5.0 km 22 CP





#### START ORDER

Every participant will start according to their start time. The entrance to the start area is 3 minutes before the start. The start intervals within the group is 2 minutes.

#### **GPS**

For the strongest competitors in classes, V/M 20 and V/M GPS devices will be handed out in the start area. The list of the competitors who will be required to carry GPS devices will be published 1 day before the competition.

#### RESULTS

The winners are determined and awarded according to the sum of both days in every class. Participants of classes V/M 20 and V/M compete in the same course and their results will be presented in one list with the information about the position in their appropriate groups shown next to the participants' names. Participants of V/M 20 groups can also be awarded in the elite group.

#### **AWARDS**

Awards are carried out according to Lithuanian Cup regulations. Awards are given out only personally, to the winners who participate in the award ceremony.

#### PUNCHING SYSTEM

SPORTident AIR+ punching system will be used in the competition. Regular SPORTident cards can be used as well. Participants who do not have SIAC cards can rent them at the event centre. Rent fee -2  $\epsilon$ /per day. In case of losing the rented SIAC card, participants will be charged according to selling prices.

#### **ENTRIES**

All entries must be made through <a href="https://dbsportas.lt/lt/varz">https://dbsportas.lt/lt/varz</a>. The deadline for all entries is 17<sup>th</sup> October 2022 23:59. After this date entries can be done only if possible, depending on vacant start minutes, e.g. 00:00 minute, vacant maps, numbers end etc.

#### PAYMENT DETAILS

The entry fee is paid at the time of the registration by bank transfer or at the event centre.

Details for bank transfer:

Recipient: Orientavimosi sporto klubas "Sakas"

Company code: 193247622 Bank: AB bankas "Swedbank"

IBAN No.: LT717300010002403602





#### FEES

Registration fees shown in the table can be paid by bank transfer or at the event centre.

Class	Fees until	Fees after
	2022-10-17 (23:59)	2022-10-17 (23:59)
M/V 10 – M/V 20	5 EUR / DAY	7,5 EUR / DAY
DM/DV 14 – DM/DV 20		
M/V – M/V 55	12 EUR / DAY	18 EUR / DAY
DM/DV – DM/DV 50		
M/V 60 – M/V 85	8 EUR / DAY	12 EUR / DAY
DM/DV 60		
OPEN 1, OPEN 2, OPEN D	10 EUR / DAY	10 EUR / DAY

Participants who registered, but fail to start, paid fees are not refunded.

Parking tickets cost 2€/car.

#### OTHER INFORMATION

- All competitors take full responsibility for their own health and safety, team leaders or guardians are fully responsible for the children in the competition area and on the course. All participants must have valid medical certificates allowing them to participate in the competition.
- Accommodation and catering expenses for participants and team leaders are covered by their
  organizations or by the participants themselves. Organisers are planning to have a outisde
  catering service at the event centre.
- There will be no heated tents at the competition centre. 10 units of 3x3 metre tents will be present for protection against poor weather conditions. There will be no dedicated shower areas at the event centre.
- All claims must be submitted as soon as possible but no later than 1 hour after the competitor's finish time for the organizers or supervisors.
- All competitors must wear their official event number throughout the race. Competitors without numbers will be disqualified.
- When registering to the competition all participants agree that their name, surname, birth
  year, team name and results will be announced at <a href="http://www.dbsportas.lt">http://www.dbsportas.lt</a> and agree on
  being photographed, filmed or their location can be determined in real-time during the
  competition and collected data can be used to advertise competition and orienteering sport.
  Participants can refer to the Lithuanian Orienteering Federation regarding personal data
  usage according to data protection regulations.





#### **SOCIAL GATHERING**

Loto.lt veteran cup and Veteran league awards ceremony.

Orienteering quiz with Viktoru Staišiūnu.

Live music and dances with the bang "Po 8".

Orienteering auction with an incredible opportunity to purchase a jersey of the European champion.

#### Tickets available soon!

#### **COVID-19 INFORMATION**

All participants, team leaders, guardians and spectators must follow current COVID-19 regulations and recommendations.

#### ACCOMMODATION

https://www.turizmas.lt/paieska/apgyvendinimas/%C5%A0iauliai

Šiaulių jaunųjų turistų centras – 868712245, 7€/night.

#### CONTACTS

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